



National Health Council

1730 M Street NW, Suite 500, Washington, DC 20036-4561 • 202-785-3910 • www.nationalhealthcouncil.org • info@nhcouncil.org

For Immediate Release

February 16, 2010

Contact: Nancy Hughes

202-973-0550

nhughes@nhcouncil.org

National Health Council Announces New Partnership with Lotsa Helping Hands

Washington, DC -- The National Health Council (NHC) announced an agreement with Lotsa Helping Hands to offer a free-of-charge, web-based caregiving coordination service. By using the program at <http://www.nhc.lotsahelpinghands.com>, individuals can arrange for family members and friends to help pitch in during times of a medical crisis, an end-of-life situation, or when a family caregiver simply needs an added hand. The service is also a place to keep others informed with patient status updates, photo galleries, message boards, and more.

This new partnership is the latest effort by the NHC to provide quality health care information and services to people with chronic diseases and disabilities and their family caregivers. "Lotsa Helping Hands is a logical partner for us," said NHC President Myrl Weinberg. "The National Health Council is committed to helping patients and their families receive the health care that meets their individual needs and goals. We believe a truly comprehensive health care plan must also include a strong support system provided by family and friends."

"At Lotsa Helping Hands, we believe in the power of community," explained Hal Chapel, the company's co-founder and CEO. "In the face of the changing economy and increasing demands on all of us, we need one another more than ever to manage daily tasks, especially when balancing the demands of life while caring for loved ones. We are delighted that the NHC has joined our Nonprofit Premier Program and believe this partnership is one more way to make the world a more caring and compassionate place through the support of community commitment."

The NHC is the only organization of its kind that brings together all segments of the health care community to provide a united voice for the more than 133 million people with chronic diseases and disabilities and their family caregivers. Made up of more than 100 national health-related organizations and businesses, its core membership includes 50 of the nation's leading patient advocacy groups. Other members include professional and membership associations, nonprofit organizations with an interest in health, and major pharmaceutical, medical device, and biotechnology companies. To learn more, visit www.nationalhealthcouncil.org.

Founded in 2005, Lotsa Helping Hands is the leading provider of a free, online volunteer and caregiving coordination platform allowing family, friends, neighbors, and colleagues to more easily assist with the daily meals, rides, shopping, housecleaning, and errands that become a challenge during times of medical crisis, caregiver exhaustion, or when caring for an elderly loved one. To learn more, visit <http://www.lotsahelpinghands.com>.

###