### Domains & Values: Reducing Health Care Costs for Patients

<table>
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<th>Domains</th>
<th>Values</th>
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| **Promote High-Value Health Care**   | • Integrate the perspectives of patients with chronic conditions and disabilities on how value is defined  
• Promote care coordination, health promotion, adherence, prevention, and disease management  
• Ensure costs for health care products and services align with their value to patients and the health care system  
• Reward providers for efficiency and effectiveness on the basis of outcomes that matter to patients  
• Provide patients with adequate and transparent options for comprehensive and appropriate coverage and care  
• Ensure affordable and predictable out-of-pocket costs  
• Support mechanisms that share risk across plans appropriately for all patients, including those high-risk patients with chronic conditions |
| **Stimulate Research and Competition** | • Encourage early and continuous engagement of patients with chronic conditions and disabilities throughout the research continuum  
• Promote competition to drive lower-cost and higher-quality products and services  
• Support the development and use of patient-reported and patient-identified outcomes  
• Promote research that evaluates health-system level approaches to improving value in health care  
• Support comparative effectiveness research that involves patient engagement and is useful at the point of care  
• Facilitate research collaborations, data sharing, and clinical trials efficiency |
| **Curb Costs Responsibly**           | • Ensure cost-containment strategies do not adversely affect patient safety, access, or outcomes  
• Promote solutions that view total health care costs over the long term, rather than short term  
• Encourage meaningful transparency on health care costs and prices to drive informed action by patients and providers  
• Reduce use of duplicative and ineffective services  
• Seek to eliminate waste, fraud, and abuse in the system |