## Domains and Values: Reducing Health Care Costs for Patients

<table>
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<th>Domains</th>
<th>Values</th>
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| **Promote High-Value Health Care** | - Integrate the perspectives of patients with chronic conditions and disabilities on how value is defined  
- Promote care coordination, health promotion, adherence, prevention, and disease management  
- Ensure costs for health care products and services align with their value to patients and the health care system  
- Reward providers for efficiency and effectiveness on the basis of outcomes that matter to patients  
- Provide patients with adequate and transparent options for comprehensive and appropriate coverage and care  
- Ensure affordable and predictable out-of-pocket costs  
- Support mechanisms that share risk across plans appropriately for all patients, including those high-risk patients with chronic conditions |

| **Stimulate Research and Competition** | - Encourage early and continuous engagement of patients with chronic conditions and disabilities throughout the research continuum  
- Promote competition to drive lower-cost and higher-quality products and services  
- Support the development and use of patient-reported and patient-identified outcomes  
- Promote research that evaluates health-system level approaches to improving value in health care  
- Support comparative effectiveness research that involves patient engagement and is useful at the point of care  
- Facilitate research collaborations, data sharing, and clinical trials efficiency |

| **Curb Costs Responsibly** | - Ensure cost-containment strategies do not adversely affect patient safety, access, or outcomes  
- Promote solutions that view total health care costs over the long term, rather than short term  
- Encourage meaningful transparency on health care costs and prices to drive informed action by patients and providers  
- Reduce use of duplicative and ineffective services  
- Seek to eliminate waste, fraud, and abuse in the system |