

# Domains & Values: Reducing Health Care Costs for Patients



Domains	Values
<p><b>Promote High-Value Health Care</b></p>	<ul style="list-style-type: none"> <li>• Integrate the perspectives of patients with chronic conditions and disabilities on how value is defined</li> <li>• Promote care coordination, health promotion, adherence, prevention, and disease management</li> <li>• Ensure costs for health care products and services align with their value to patients and the health care system</li> <li>• Reward providers for efficiency and effectiveness on the basis of outcomes that matter to patients</li> <li>• Provide patients with adequate and transparent options for comprehensive and appropriate coverage and care</li> <li>• Ensure affordable and predictable out-of-pocket costs</li> <li>• Support mechanisms that share risk across plans appropriately for all patients, including those high-risk patients with chronic conditions</li> </ul>
<p><b>Stimulate Research and Competition</b></p>	<ul style="list-style-type: none"> <li>• Encourage early and continuous engagement of patients with chronic conditions and disabilities throughout the research continuum</li> <li>• Promote competition to drive lower-cost and higher-quality products and services</li> <li>• Support the development and use of patient-reported and patient-identified outcomes</li> <li>• Promote research that evaluates health-system level approaches to improving value in health care</li> <li>• Support comparative effectiveness research that involves patient engagement and is useful at the point of care</li> <li>• Facilitate research collaborations, data sharing, and clinical trials efficiency</li> </ul>
<p><b>Curb Costs Responsibly</b></p>	<ul style="list-style-type: none"> <li>• Ensure cost-containment strategies do not adversely affect patient safety, access, or outcomes</li> <li>• Promote solutions that view total health care costs over the long term, rather than short term</li> <li>• Encourage meaningful transparency on health care costs and prices to drive informed action by patients and providers</li> <li>• Reduce use of duplicative and ineffective services</li> <li>• Seek to eliminate waste, fraud, and abuse in the system</li> </ul>